



THE POST

College:	CLES
Post:	Child IAPT CBT or Parenting Supervisor and Tutor
Reference No:	P44260
Grade:	NHS Agenda for Change Band 8a
HERA:	TF
Reporting To:	Programme Lead
Responsible For:	none

The above part time (0.2 wte) post is available immediately on a fixed term contract until 30th November 2013.

Main purpose of the job:

You will have responsibility for the design, development and production of teaching and learning material and deliver either across a range of modules or within a subject area. You will work with the Academic and Programme Leads to ensure the efficient and effective delivery of teaching programmes in accord with the accreditation standards associated with the CBT/Parenting Supervisor curricula and College's education strategy and implementing the External Affairs strategy. You will also contribute directly to foundation teaching in one or more of the disciplinary areas in the College and to the development and implementation of innovative teaching practices across the College.

Specific Purpose of the job:

The job purpose is delivery of supervision and tutorials of either Cognitive Behaviour Therapy (CBT) or Parent Training (PT) for trainees undertaking the CYP IAPT Programme using standard approaches to supervision and teaching. The postholder will also be expected to run weekly clinical skills tutorials as part of the IAPT training programme and act as personal tutor to a small group of trainees. The therapist(s) will work using standard approaches to supervision. Training and regular supervision in the approach will be provided. For supervisors/tutors who have not already attended the IAPT six-day supervisor training this can be provided during employment.

Main duties and accountabilities:

- The post holder will act as an independent practitioner, supervising the formulating and implementation of appropriate treatment plans of either CBT or parent approaches for trainees undertaking CYP IAPT.
- They will provide weekly skills-based tutorials to CYP CBT or parenting trainees, supported by the CYP CBT or Parenting Lead where appropriate.
- The post holder will provide 1:1 termly individual tutorials to help track the progress of trainees in their stream.
- The post holder will work alongside clinical researchers, academic researchers, trainers and clinicians to provide a high quality supervisory service.
- The post holder will also be expected to undertake marking of academic work and assess clinical competency of trainees with a range of approaches.

- The post holder will also be required to keep records of supervision sessions and reflectively discuss clinical cases with the supervisory team.
- The post holder will implement policies and propose changes to practices, procedures for their own area of work and propose policy or service changes which impact beyond their own area for the wider training and clinic settings.
- The post holder will offer weekly group clinical supervision and supervise the work of CYP IAPT trainees.

This job description summarises the main duties and accountabilities of the post and is not comprehensive: the post-holder may be required to undertake other duties of similar level and responsibility.

Person Specification

Competency	Essential	Desirable
Attainments/Qualifications	Be externally recognised as a teacher.	
Skills and Understanding	Possess an in-depth understanding of own specialism to enable the development of new knowledge and understanding within the field.	
Prior Experience	Have experience of teaching and supervision in clinical practice.	Experience of postgraduate teaching, curriculum development and quality management and enhancement.
Behavioural Characteristics	Excellent written and verbal communication skills. Able to communicate complex and conceptual ideas to a range of groups. Able to participate in and develop external networks. Be able to demonstrate independent and self-managing working styles Have knowledge of tertiary education and be able to use a range of delivery techniques to enthuse and engage students	
Circumstances		

	Essential	Desirable
Qualifications and Professional Training	Professional practice qualification Evidence of sustained continuing professional development and practice in CBT or Parenting	BABCP accredited supervisor Evidence of continuing professional development Further post graduate qualifications (e.g. clinically relevant PhD) or training in

	<p>Eligibility for or actual BABCP Accredited therapist, Incredible Years (IY) Group Leader or equivalent</p>	<p>relevant areas: e.g. professional psychology, mental health practice and or/research design analysis/teaching</p> <p>Postgraduate diploma/Masters degree in CBT or PT</p>
Experience / Knowledge	<p>Experience of supervising practitioners in a variety of clinical settings</p> <p>Experience of training other professionals in CBT or parenting approaches.</p> <p>Experience of working with young people with mental health problems or parents</p> <p>Ability to communicate sensitive information in highly emotional circumstances to patients, carers and colleagues</p> <p>An understanding of psychology applied to mental health care</p> <p>A high level of knowledge and experience of delivering CBT or PT.</p> <p>Have highly specialist knowledge of CBT or PT including that for complex cases</p> <p>An understanding of clinical governance and evidence based practice</p> <p>Experience of working across agencies, both NHS and non NHS</p> <p>An understanding of service quality assurance systems</p>	<p>Experience of working in a multi-disciplinary team</p> <p>Experience of working in a research-based setting</p> <p>Experience of working in primary care</p> <p>Experience of delivering CBT or PT in a variety of cultural contexts</p> <p>A working knowledge of health or social care systems and communication processes</p>
Skills & Attributes	<p>To use highly specialised skills in the assessment, diagnosis and treatment of young people with problems suitable for CBT or PT</p> <p>Effective team worker and team builder</p> <p>Ability to work independently and manage own workload</p> <p>Highly developed Interpersonal skills</p> <p>Excellent communication skills, both verbal and written</p>	<p>Experience of clinical audit</p>

	<p>To be able to utilise research to develop, plan, deliver and evaluate treatment developments in CBT or PT.</p> <p>Ability to collect, analyse and present complex information</p> <p>The postholder(s) must be IT literate and proficient in the use of:</p> <ul style="list-style-type: none"> - Word - PowerPoint - Email – Outlook - Internet - Intranet - Outlook calendar 	
Personal qualities and abilities	<p>Ability to interpret and to put into operation national strategies at a local level</p> <p>Ability to work in a complex and rapidly changing environment</p>	

Informal Enquiries

Before submitting an application you may wish to discuss the post further by contacting either Catherine Gallop by e-mail on c.a.gallop@exeter.ac.uk, or Ian Frampton by email on i.j.frampton@exeter.ac.uk



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	Accredited therapist, Incredible Years (IY) Group Leader or equivalent	psychology, mental health practice and or/research design analysis/teaching Postgraduate diploma/Masters degree in CBT or PT
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